



**HealthPLUS™**  
**Low fat,**  
**so delicious.**

## Low Fat Egg White Patties



**ZERO  
 CHOLESTEROL  
 1/2 THE  
 SODIUM\***

**We've done the work for you.**

We separated the whites from farm fresh eggs and seasoned them just right. Then we cooked them up to make perfect patties, so you can **cut the fat and cholesterol without cutting taste** – **every single time.**

Let EggSolutions® help streamline your menu costs and kitchen prep time. **Contact us today.**

**HealthPLUS™**

\*compared to other EggSolutions® frozen patties.

**EggSolutions®**  
 A Division of Global Egg Corporation

**Shell Eggs. Simplified.™**

**SQF**  
 LEVEL 3 CERTIFIED "EXCELLENT"

**PROUDLY  
 CANADIAN**

1-866-EGGS-4-YOU (1-866-344-7496)  
 info@eggsolutions.com • www.eggsolutions.com



We've done the work  
for you.

### HEATING INSTRUCTIONS\*

For best results, prepare patties from a fully- or semi- thawed state.

Heat to an internal temperature of 165°F (74°C).

#### Can be reheated using:

- steamer (recommended)
- retherm oven
- convection oven - flat top grill
- panini press - microwave

### MENU IDEAS

Pair with meats and/or cheese to build delicious breakfast sandwiches or let them inspire you to create your own unique menu items.

### STORAGE AND SHELF LIFE

Store frozen at

-18°C (0°F) or colder.

Once thawed, do not refreeze.

Refrigerate thawed product

at 4°C (39°F) or colder

and use within 3 days.

**Shelf Life = 9 months**

### Nutrition Facts

Serving Size 57 g

Amount	% Daily Value
<b>Calories</b> 37.05	
<b>Fat</b> 0.57 g	<b>1%</b>
Saturated 0.10 g	
+ Trans 0.01 g	<b>1%</b>
<b>Cholesterol</b> 1.14 mg	
<b>Sodium</b> 142.5 mg	<b>6%</b>
<b>Carbohydrate</b> 1.88 g	<b>1%</b>
Fibre 0.34 g	<b>0%</b>
Sugars 0.68 g	
<b>Protein</b> 6.10 g	
Vitamin A 0 RE	<b>0%</b>
Vitamin C 0 mg	<b>0%</b>
Calcium 24.51 mg	<b>2%</b>
Iron 0 mg	<b>0%</b>

### INGREDIENTS:

Egg White, Water, Skim Milk Powder, Modified Corn Starch, Modified Milk Ingredients, Liquid Butter Alternative [Soybean Oil, Hydrogenated Soybean Oil with Salt, Soy Lecithin, Artificial Flavour, TBHQ and Citric Acid added as preservatives, Artificial Colour], Salt, Xanthan Gum.

**ALLERGENS:** Egg, milk, soy.

\*For suggested cooking times and reheating tips, visit [www.eggsolutions.com](http://www.eggsolutions.com)



## Low Fat Egg White Patties

130 x 57 g (2 oz)



- **only 0.5 g of fat and only 1.1 mg of cholesterol**
- **less than 1/2 the sodium and 1/3 the calories of whole egg patties<sup>1</sup>**
- made from farm fresh egg whites
- re-heat from frozen or thawed
- prepared using proprietary technologies for a lighter, fluffier egg texture

### KITCHEN BENEFITS

- **ideal for reduced fat, reduced calorie and/or reduced cholesterol diets**
- Especially suited to health and long-term care food service operations
- consistent taste, appearance & product performance
- pre-portioned and ready to heat-and-serve
- ideal for portion control & menu cost planning
- frees up labour and improves operation efficiency

Order Code	Product Description	Pack Size	Format	Shelf Life	SCC
30020	Low Fat Egg White Patties	130 x 57 g (2 oz)	7.4 kg case	9 months	006 65079 30020 0

### Also available from EggSolutions®:

- Oven Baked Egg Patties, 1.75 oz (30606)
- Grilled Egg Patties, 1.5 oz (30004)

Our value-add eggs add value to your bottom line. Let EggSolutions® help streamline your menu costs and kitchen prep time. **Contact us today.**

1-866-EGGS-4-YOU (1-866-344-7496) • 283 Horner Avenue, Toronto, ON M8Z 4Y4  
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<sup>1</sup>compared to other EggSolutions® frozen patties.