

The Western Frittata
has never been
this easy.

Western Skillet Frittata®




We've done the work for you.

We cracked farm fresh eggs and seasoned them just right. Then we added **classic Western ingredients - ham, onions, diced peppers, real Cheddar cheese** - and skillet cooked them, frittata-style, to get that smokey Western flavour - **every single time.**

Let EggSolutions® help streamline your menu costs and kitchen prep time. **Contact us today.**



Shell Eggs. Simplified.™



1-866-EGGS-4-YOU (1-866-344-7496)

info@eggsolutions.com • www.eggsolutions.com



We've done the work for you.

HEATING INSTRUCTIONS*

For best results, prepare omelets from a fully- or semi- thawed state.

Heat to an internal temperature of 165°F (74°C).

Can be reheated using:

- steamer (recommended)
- retherm oven
- convection oven
- flat top grill
- panini press
- microwave

STORAGE AND SHELF LIFE

Store frozen at

-18°C (0°F) or colder.

Once thawed, do not refreeze.

Refrigerate thawed product

at 4°C (39°F) or colder

and use within 3 days.

Shelf Life = 9 months

Nutrition Facts	
Serving Size 85 g	
Amount	% Daily Value
Calories 143.33	
Fat 10.45 g	16%
Saturated 4.51 g	
+ Trans 0.16 g	23%
Cholesterol 227.40 mg	
Sodium 523.27 mg	22%
Carbohydrate 2.22 g	1%
Fibre 0.23 g	0%
Sugars 0.79 g	
Protein 10.04 g	
Vitamin A 102.09 RE	10%
Vitamin C 3.52 mg	6%
Calcium 116.63 mg	10%
Iron 0.89 mg	6%

INGREDIENTS:

Whole eggs, pasteurized processed cheddar cheese [cheddar cheese (milk, cheese culture, salt, enzymes), water, sodium phosphate, milkfat, sodium hexametaphosphate, salt, paprika and annatto (colour), powdered cellulose(to prevent caking)], water, pre-cooked ham - water added [ham, water, salt, dextrose, sodium phosphate, smoke flavouring, sodium erythorbate, sodium nitrite], onions, green peppers, red peppers, soybean oil, whole milk, modified corn starch, salt, xanthan gum, citric acid.

ALLERGENS: Egg, milk, soy.

*For suggested cooking times and reheating tips, visit www.eggsolutions.com



Western Skillet Frittata®

48 x 85 g (3 oz)

- made from farm fresh eggs and classic western ingredients - ham, onions, diced red & green peppers, Cheddar cheese
- homestyle taste and appearance
- re-heat from frozen or thawed
- prepared using proprietary technologies for a lighter, fluffier egg texture

KITCHEN BENEFITS

- suitable for all types of food service operations - restaurants, diners, recreation facilities, hotels, cafeterias
- consistent taste, appearance & product performance
- pre-portioned and ready to heat-and-serve
- ideal for portion control & menu cost planning
- frees up labour and improves operations efficiency

Order Code	Product Description	Pack Size	Format	Shelf Life	SCC
30186	Western Skillet Frittata®	48 x 85 g (3 oz)	4.08 kg case	9 months	100 38057 30186 0

Also available from EggSolutions®:

- Plain Skillet Omelet (30168)
- Cheddar Cheese Skillet Omelet (30169)
- Garden Vegetable Cheese Omelet (30175)
- Zero Cholesterol Skillet Omelet (30165)

Our value-add eggs add value to your bottom line. Let EggSolutions® help streamline your menu costs and kitchen prep time. **Contact us today.**

1-866-EGGS-4-YOU (1-866-344-7496) • 283 Horner Avenue, Toronto, ON M8Z 4Y4
www.eggsolutions.com • info@eggsolutions.com



Shell Eggs. Simplified.™

